

# THE SPIRITUAL ASPECT OF COUNSELLING



**Marion Duff MBACP**

**Parcevall Hall**

**21<sup>st</sup> – 23<sup>rd</sup> June 2019**

Counselling can be at its most effective when we look in-depth at the human psyche. The testing steps we go through in life unavoidably create suffering, which can make or break us. To heal and develop understanding from sorrows and distortions there is a need to reflect on how we manage the 'self'. This course will discuss how the 'three souls in every man' interact within us, and how listening to this hidden intelligence slowly shapes our being into a healthier place, to give greater wisdom and integrity.

**Marion Duff MBACP** has been an in-depth freelance counsellor, supervisor and trainer in South Manchester for three and a half decades.

***The schedule for this event can be found overleaf.***

## Friday June 21<sup>st</sup> 2019

- 4.00pm Arrival and afternoon tea  
4.30pm Introduction  
7.30pm How the mind, body and soul interweave. "Love people and use things. Don't use people and love things." John Powell

## Saturday June 22<sup>nd</sup> 2019

- 9.30am What creates illness? The three souls in every man  
11.30am How we manage our emotional self. Reflections on the journey; the roles we play; the development of our character. Finding ways through conflict and darkness  
4.30pm The 'unseen mover' and the temporal self  
7.30pm Questions, theories, experience

## Sunday June 23<sup>rd</sup>

- 9.30am Discussion. Our motives and the inner struggle  
11.30am Empathic listening, love and healing  
2.00pm Summary  
3.00pm Departure

**£180 per person**

**All meals, lectures and accommodation included**

**Bookings through Parcevall Hall**

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